

Making the Practice Our Own/Resources

Thanissaro Bhikkhu: “The Four Bases of Success”

<http://www.dhammatalks.org/Archive/Writings/CrossIndexed/Uncollected/ePublished%20Dhamma%20Talks/040113%20The%20Four%20Bases%20of%20Success.pdf>

Bhikkhu Dhammasami: “The Practice of Chanting in Buddhism”

<https://www.urbandharma.org/udharma2/chanting.html>

Audios:

Kyrie Eleison (“Lord Have Mercy;” Christian Liturgy)

https://www.youtube.com/watch?v=HM3XFOWe_JA

Kyrie Eleison (“Lord Have Mercy;” 1980’s American pop rock band).

<https://www.youtube.com/watch?v=9NDjt4FzFWY>

Yanidha bhutani samagatani (Amma Thanasanti)

<https://www.youtube.com/watch?v=MvfhSmXweCk>

(Translation: See verses 15 -18 below of the Ratana Sutta - Jewels Discourse)

	Pali Version
1. Whatever beings are here assembled, whether terrestrial or celestial, may all these beings be happy and listen closely to my words.	1. <i>Yani dha bhuta ni sama gata ni Bhummani va ya niva antalikkhe- Sabbe’va bhuta sumana bhavantu Athopi sakkacca sunantu bhasitam</i>
2. Pay attention all you beings: show kindness to the humans who day and night bring you offerings Therefore guard them diligently.	2. <i>Tasma hi bhuta nisametha sabbe Mettarn karotha manusiya pajaya Diva ca ratto ca haranti ye balirh Tasma hi ne rakkhatha appamatta</i>
3. Whatever treasure is here or beyond, or the precious jewel in the heavens, none is equal to the Perfect One. In the Buddha is this precious jewel. By this truth may there be well-being.	3. <i>Yarn kind vittarn idha va haram va Saggesu va yarn ratanam panltam Na no samam atthi Tathagatena Idampi Buddhe ratanam panltam Etena saccena suvatthi hotu</i>

- | | |
|--|--|
| <p>4. The calm Sakyan sage found cessation, dispassion, the deathless, the sublime; there is nothing equal to that state. In the Dhamma is this precious jewel By this truth may there be well-being.</p> | <p>4. <i>Khayarn viragam amatarn panltam
Yadajjhaga sakya-muni samahito
Na tena Dhammena samatthi kinci
Idampi Dhamme ratanam panltam
Etena saccena suvatthi hotu</i></p> |
| <p>5. That purity praised by the Supreme Buddha, called concentration with immediate result - that concentration has no equal. In the Dhamma is this precious jewel. By this truth may there</p> | <p>5. <i>Yam Buddhasetho parivannayi sucim
Samadhi manam tarikafina mahu
Samadhina tena samo na vijjati
Idampi buddhe ratanam panltam
Etena saccena suvatthi hotu</i></p> |
| <p>6. The eight persons praised by the good, these four pairs are the gift-worthy disciples of the Well-gone One - -gifts to them yield abundant fruit. In the Sangha is this precious jewel. By this truth may there be well-being.</p> | <p>6. <i>Ye puggala attha satarn pasattha
Cattari etani yugani honti
Te dakkhineyya Sugatassa savaka Etesu
dinnani mahapphalani Idampi sarighe
ratanam panltam Etena saccena suvatthi
hotu</i></p> |
| <p>7. With firm minds applying themselves to Gotama's teaching, passionless, they reach the goal; plunged in the deathless, they enjoy supreme peace. In the Sangha is this precious jewel, By the truth may there be well-being.</p> | <p>7. <i>Ye suppayutta manasa dalhena
Nikkamino Gotama-sasanamhi
Te pattipatta amatarn vigayha
Laddha mudha nibbutim bhunjamana
Idampi sarighe ratanam panltam
Etena saccena suvatthi hotu</i></p> |
| <p>8. As a firm post grounded in the earth cannot be shaken by the four winds, so is the superior person, I say, who definitely sees the Noble Truths. In the Sangha is this precious jewel, By the truth may there be well-being.</p> | <p>8. <i>Yathindakhllo pathavim sito siya
Catubbhi vatebhi asampakampiyo
Tathupamam sappurisam vadami
Yo ariyasaccani avecca passati
Idampi sarighe ratanam panltam
Etena saccena suvatthi hotu</i></p> |
| <p>9. Those who comprehend the Noble Truths taught well by Him of deep wisdom, even if they are very negligent, do not take an eighth existence. In the Sangha is this precious jewel, By the truth may there be well-being.</p> | <p>9. <i>Ye ariya-saccani vibhavayanti
Gambhira-pannena sudesitani
Kincapi te honti bhusappamatta
Na te bhavam attamam adiyanti
Idampi sarighe ratanam panltam
Etena saccena suvatthi hotu</i></p> |
| <p>10. For one who has attained to vision three states are at once abandoned - - view of self, doubt, and clinging to needless rules and rituals. Freed from the four states of misery He cannot do six kinds of evil deeds. In the Sangha is this precious jewel, By the truth may there be well-being.</p> | <p>10. <i>Sahavassa dassana-sampadaya
Tayassu dhamma jahita bhavanti
Sakkaya-ditthi vicikicchitafi ca
Sllabbantam vapi yadatthi kinci
Catuh'apayehi ca vippamutto
Cha cabhithanani abhabbo katum
Idampi sanghe ratanam panltam
Etena saccena suvatthi hotu</i></p> |
| <p>11. Though he might do some evil deed by body, speech, or mind, he cannot hide it; such is impossible for one who has seen the Path. In the Sangha is this precious jewel, By the truth may there be well-being.</p> | <p>11. <i>Kincapi so kammarn karoti papakarn
Kayena vaca uda cetasa va
Abhabbo so tassa paticchadaya
Abhabbata dittha-padassa vutta
Idampi Sarighe ratanam panltam
Etena saccena suvatthi hotu</i></p> |
| <p>12. Like woodland groves in blossom in the first heat of the summertime is the sublime Dhamma that he taught leading to Nibbana, the highest good. In</p> | <p>12. <i>Vanappagumbe yatha phussitagge
Gimhana-mase pathamasmim gimhe
Tathupamam dhammavaram adesayi
Nibbanagamim paramam hitaya</i></p> |

the Buddha is this precious jewel. By this truth may there be well-being.

*Idampi Buddhē ratanam paṇṭam
Etena saccena suvatthi hotu.*

13. He, the Supreme Sublime One, Knower, Giver and Bringer of the Sublime, taught the Sublime Dhamma. In the Buddha is this precious jewel, By the truth may there be well-being.

13. *Varo varannu varado varaharo
Anuttaro dhammavaram adesayi
Idampi buddhe ratanam paṇṭam
Etena saccena suvatthi hotu*

14. Their past is extinct with no new arising, their minds not drawn to future birth; Their old seeds destroyed, desires no more growing, the wise go out just like this lamp, In the Sangha is this precious jewel. By the truth may there be well-being.

14. *Khinam puranam navam natthi
sambhavam
Viratta-citta ayatike bhavasmim
Te khinabija avirulhicchanda Nibbanti
dhira yathayam padlpo Idampi Sahghe
ratanam paṇṭam Etena saccena suvatthi
hotu.*

15. Whatever beings are here assembled, whether terrestrial or celestial, we salute the perfected Buddha, revered by gods and men. May there be well-being!

15. *Yanidha bhutani samagatani
Bhummani va yani va antalikkhe
Tathagatam deva-manussa-pujitam
Buddham namassama suvatthi hotu.*

16. Whatever beings are here assembled, whether terrestrial or celestial, we salute the perfected Dhamma, revered by gods and men. May there be well-being!

16. *Yanidha bhutani samagatani
Bhummani va yani va antalikkhe
Tathagatam deva-manussa-pujitam
Dhammarn namassama suvatthi hotu.*

17. Whatever beings are here assembled, whether terrestrial or celestial, we salute the perfected Sangha, revered by gods and men.

17. *Yanidha bhutani samagatani
Bhummani va yani va antalikkhe
Tathagatam deva-manussa-pujitam
Sarigham namassama suvatthi hotu.*

**May there be well-being
By the power of this Truth may my
sufferings subside.
By the power of this Truth may my
fears subside
By the power of this Truth may my
illness subside.**

*Etena saccavajjena
dukkha vupasamentu me (te)
Etena saccavajjena
bhaya vupasamentu me (te)
Etena saccavajjena roga vupasamentu
(te)*
