

Buddhist Chants

“Om” A-U-M (*Sanskrit*) means many things, the reflection of the absolute reality without beginning or end, embracing all that exists.

The Heart Sutra (*Sanskrit*)

“OM GATTE GATTE PARA GATTE, PARASUM GATTE, BODHI SWA-HA”

Gone, gone, gone to the Other Shore, attained the Other Shore having never left. Unconditioned. You have completely crossed the margin. This is Enlightenment! Congratulations! Also, Form is Emptiness, Emptiness is form.

“OM MA NE PAD ME HOM”

Hail to the jewel of the lotus flower in my heart. The Diamond in the Lotus. Used to purify the suffering of all sentient beings. Mantra of Avalokiteshvara. It is said that all the teachings of the Buddha are contained in this mantra.

The Diamond Sutra (*English, Zen*)

**“So you should view this fleeting world a star at dawn
A bubble in a stream
A flash of lightening in a summer cloud
A phantom and a dream.”**

The Three Refuges:

Namô Tassa Bhagavatô Arahâtô Sammâ-Sambuddhassa (3x)

Homage to the Triple Gems. Homage to the Blessed One, the Fully Enlightened One.

Buddham Saranam Gacchâmi.

I go to the Buddha as my refuge.

Dhammam Saranam Gacchâmi.

I go to the Dhamma - The Teachings, as my Refuge.

Sangham Saranam Gacchâmi.

I go to the Sangha - The Community, as my Refuge.

Dutiyampi Buddham Saranam Gacchâmi.

For the second time.....

Dutiyampi Dhammam Saranam Gacchâmi.

Dutiyampi Sangham Saranam Gacchâmi.

Tatīyampi Buddham Saranam Gacchâmi.

For the third time....

Tatīyampi Dhammam Saranam Gacchâmi.

Tatīyampi Sangham Saranam Gacchâmi.